

FRIDAY 15TH JULY 2022

Boughton News



An Academy

Diary Dates

July

18th Reception & Yr1 Assembly 2-3pm

19th Prom

20th Yr 2 & 3 Assembly 2-3pm

21st Yr 4 & 5 Assembly 2-3pm

22nd Yr 6 Leavers Assembly 1.15pm

22nd School Closes for Summer at
2.30pm

R.D Out of School Care

R.D Out of School Care will be offering Holiday Club child care during the Summer holidays. Please make direct contact with them to book a place.



KSI Trip

What a fabulous day out KSI had at Wicksteed Park on Thursday. 'Best day ever' was one of the quotes from the children. Thank you to all those that were involved.



Sports Day

How lucky were we with the weather on sports day!!! It was fabulous being able to welcome you all back for a school event.

Well done to all those who took part and congratulations to Lampport for winning the cup.

Thank you to the BSA for organising refreshments.



Staying safe and well in the heat – messaging from public health for parents and guardians

A Heat-Health alert has been put into place as even overnight temperatures are predicted to be very warm. High temperatures come with health consequences for some people. It's important to protect those most vulnerable including our children, those with health conditions and elderly, as well as keeping yourself safe.

Here are our top tips for staying safe in the heat:

- look out for those who may struggle to keep themselves cool and hydrated
- stay hydrated, take water with you if you are travelling or out and about
- stay out of the sun between 11am and 3pm as this is when UV rays are the strongest - avoid physical exertion at this time
- if you have to go out in the heat stay in the shade, apply sunscreen and wear a wide brimmed hat
- close curtains in rooms that the sun faces - this will help rooms remain cooler - remember it could be cooler outdoors than indoors
- never leave anyone in a parked closed vehicle – especially not animals, children or babies
- avoid travelling at peak times on motorways, particularly if transporting children or the elderly sadly accidents, often fatal, happen in water at this time of year particularly involving youngsters. That's why we're asking parents to supervise their children in and around water. Although it can be fun to cool off in water structures such as bridges, locks and flood channels, and reservoirs and quarries should be avoided. Make sure you know the [RNLI's Float to Live](#) unexpectedly cold water or strong currents can catch even experienced swimmers off guard. Better to swim safely at one of the [county's organised events](#) where support is provided

Look out for signs of [heat exhaustion and heatstroke](#) and follow some common sense behaviours to make the most of what should be a glorious time for most.



Summer Reading Challenge

Northamptonshire Libraries are delighted to be able to share their official Summer Reading Challenge 2022 Gadgeteers video which you are able to share with your children to encourage their reading over the summer break.

Please follow [this link](#) to view the video:

[SRC 2022 Gadgeteers - YouTube](#)

